



# SCHOOL LUNCH

## WHAT'S COOKING?

***Don't forget, All kids eat free!***

	Mon. Aug 24	Tues. Aug 25	Wed. Aug 27	Thurs. Aug 28	Fri. Aug 28
BREAKFAST	Pancake w/syrup, fresh fruit, milk	Oatmeal with raisins, toast, fresh fruit, milk	Ham & cheese croissant, fresh fruit, milk	French toast (4), syrup, fresh fruit, milk	Blue corn mush with mixed berries, honey and milk
LUNCH	Orange Chicken with rice, mixed veggies, fortune cookie, fresh fruit, assorted milk	Frito Pie (Taco meat, pinto beans, lettuce, tomato, cheese), fresh fruit, assorted milk	Chicken Alfredo with noodles, broccoli, garlic sticks, fresh fruit, assorted milk	Breakfast for lunch (scrambled eggs, sausage patty, pancake, hash browns) Fresh fruit, assorted milk	Pepperoni & cheese pizza, garden salad, cookie, fresh fruit, assorted milk

We are encouraging kids to drink their milk and eat the food on their plates. Please encourage your kids to eat what is on their plate, remember they can speak up and turn down a food item as long as they have 3 items on their tray, one being a fruit or vegetable.

Our Kitchen is always looking for volunteers to help serve our students during lunch. If you know of anyone or interested in serving please don't hesitate to contact us. [danderson@rcsnm.org](mailto:danderson@rcsnm.org)

**"God is our refuge and strength, an ever-present help in trouble." Psalms 46:1**