

# Parent News September 26,2024



P.O. Box 41, Rehoboth, NM 87322 • 505-863-4412 • www.rcsnm.org

## **Table Talk**

**Dan Meester | Executive Director** 

Last week was Hispanic Heritage Week at Rehoboth, and that included some different dress up days for students and staff. This coming Monday, September 30th, we have another special dress event: Orange T-Shirt Day. This tradition started in Canada, where it still enjoys the bulk of its popularity, and it is also known as National Day of Truth and Reconciliation.

Like the United States, Canada has a history of Indigenous boarding schools that caused significant harm to Native peoples. Many of you know that Rehoboth was also a boarding school up until the turn of the 21st Century, and some of our alumni and former students from that time period feel similar hurt and pain from their experiences. It's important for us to have a humble posture about that—to resist the urge to defend ourselves or point out all of the people who had a great experience at Rehoboth.

As you know, our school theme this year is Unreasonable Hospitality, and it asks us to focus on the ways in which we can take action that will welcome and enfold people who come into contact with our community. Getting to know people's stories is one of the best ways to let them know they matter. Just as the Lord hears our cries and prayers, so we need to demonstrate empathy for the life circumstances of our marginalized brothers and sisters in the school community. That's the first step to reconciliation.

We draw strength and resilience from those who support us—even if their circumstances aren't the same as our own. Wearing orange on Monday is a way to lend support to Indigenous people across this country and Canada who have walked the hard road of boarding school and to let them know that their voices matter.

We strive to do good work that reflects God's Kingdom here at Rehoboth, and we need to celebrate the times when we get it right with the Lord's help. But we also need to tell the truth about the times (both in the past and the present) when we fall short and our words or actions marginalize our brothers and sisters rather than enfold them. That's the humble posture that will keep us mission-focused and moving down the right path for years to come.

So in the spirit of solidarity and hospitality, wear your orange on Monday. And if someone asks why you're doing that, tell them God's story—a story of truth and reconciliation. And let's all take that humble, listening posture into the rest of our lives as well.

Together,

Dan Meester, Executive Director

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# **Upcoming All School Events**

- Monday, September 30 Orange Shirt Day is in remembrance and to commemorate the residential school experience.
- Friday, October 4 Fall Carnival 4:00-7:30 pm SFC, Navajo Taco Dinner in Fellowship Hall 5-7pm
- Monday, October 14 Indigenous Day
- Monday, October 14-16 Indigenous Spirit Week
- Tuesday, October 15- Wednesday, October 16 Parent Teacher Conferences 4-8pm
- Thursday, October 17 Friday, October 18 NO SCHOOL Fall Break

## **All School Announcements**

#### Fall Carnival, October 4

Rehoboth's Fall Carnival is on Friday, October 4! The annual fall carnival includes games, a bake sale, and a Navajo taco dinner and will take place at the Rehoboth Christian School's Sports and Fitness Center and Fellowship Hall. Tickets for games will be 4 for \$1.00. The Navajo taco dinner will be \$10.00 for a meal. The carnival will go from 4-7:30pm and the dinner will be from 5-7 pm. All proceeds from the carnival will benefit the bands and choirs of Rehoboth Christian School. Spread the word and come on out to Rehoboth and enjoy a night of great fun with your family!

#### **High School Band Concert**

The Rehoboth Christian High School Band will present their fall concert on Monday, October 7 at 7pm. The concert will take place in the LC of the high school. Come enjoy an evening of music!

#### Preparedness & Public Safety Day - National Night Out

National Night out is on Tuesday, October 1 at Red Rock Park from 5:30pm -7:30pm. Please see attached flier at the end of parent news for complete information. It will be a fun and informative event for the family.

# **Elementary News**

#### **Early Release**

Just a reminder that our bell for dismissal rings at 1:35pm this year.

#### Elementary and Middle school Drop-off/pickup

If you are dropping off or picking up elementary and middle school students, please use the parent loop past the church and behind our building. This is where our person on duty monitors students and ensures that all students are picked up. Students who are not picked up within 15 minutes are brought back inside to Mrs. Pewya, who then begins calling the student's pick-up contacts.

#### **Toolbox Thursday**

Today we listened to a book about the Empathy Tool on Youtube. <a href="https://youtu.be/Eb8h7xgqND8">https://youtu.be/Eb8h7xgqND8</a> We practiced identifying feelings so we could say, "I understand how you feel because I felt that way before. What can I do to help you feel better?"

Toolbox time ended with us sending loving/caring messages to ourselves and others. Ask your child(ren) if they remember the 4 loving/caring messages.

#### Leanne Gillson

# **Middle School Matters**

#### **Upcoming Events** (MS only)

- Sept 30 MS Volleyball Home -vs- Ch'ooshgai Games @ 5pm and 6pm
- Oct 2 MS Volleyball Away -vs- Hózhó Academy Games @ 5pm and 6pm
- Oct 5 MS/HS Cross Country Meet @ Gallup
- Oct 7 MS Volleyball Home -vs- Crownpoint Comm Games @ 5pm and 6pm
- Oct 11 MS Volleyball Tournament (A Team only) More details TBA
- Oct 12 MS/HS Cross Country Meet @ Zuni

#### **After School Friday Detentions**

According to the handbook, after 5 tardies in a quarter a student will receive detention, and every 3 tardies after that (8, 11, 14, etc). Students may also receive a Friday detention for minor disciplinary infractions. Dan Arendsen, our lead teacher, will communicate with the students and families of those on the list for the week.



This week Middle School started the lesson "Root and Fruit" by discussing the value of "Accurate Self-Perception." This value explores the competencies of **Self-Awareness**: The ability to accurately recognize one's emotions and thoughts and their influence on behavior. This includes accurately assessing one's strengths and limitations and possessing a well-grounded sense of confidence and optimism. It also looks at self perception: **Accurate self-perception** is not only seeing yourself for who you really are, but also embracing your unique characteristics, abilities, and shortcomings in order to build confidence in yourself and maintain an optimistic outlook on life.

"A healthy tree grows unseen roots that stabilize, then a trunk, and finally fruit. Leaders set their priorities in the same order: Stable values, personal growth, and finally, results. They develop an accurate self-perception of who they want to grow to be."

See the <u>parent card</u>, and ask your student about it! Students can also access their <u>digital flash cards here</u>or scan this QR code.

Scan and Take This Lesson with You

# **High School Highlights**

On Tuesday I spoke in chapel about the Feast of the Elevation of the Life Giving Cross that is observed by Orthodox Christians. Essentially the Feast asks Christians to consider the importance of the cross and its symbolism. The thought of considering the cross and its importance on another day than Easter Sunday was interesting and inspirational. The symbol of the cross is one of sacrifice, weakness, service, and love; the cross teaches us that the world's ideas of success and power are not the methods Christ used to become influential and important.

I thought about these ideas later in the week as our school community thought through our response to unspecified threatening messages sent to many of our students; our community worked through this time with a loving understanding, and I appreciated all of my conversations working through this time.

On a happier note, I thought of this message of service and love as I watched an influx of donated goods pour into the high school. These donations are for the teams, referees, and bus drivers that will take part in our volleyball tournament this weekend. This was truly a display of *Unreasonable Hospitality*. All of these moments have made me appreciate my place and role in the Rehoboth community.

Seth Weidenaar High School Principal



This week the High School began their discussions on the value of "Stress Management and Self Care".

"This is a common hazard for leaders. We're like the baker who spends so much time baking bread for others that we forget to eat ourselves. Leaders take time for self-care, managing their stress with strategies like movement, margin, and mindfulness."

See the "Habitudes at home" parent card here. Students can also access their digital flash cards or scan this QR code.





# **High School Counselor's Corner**

Hello Families.

#### SAT Information

- All seniors taking the SAT will need to pay \$35.00 by October 14, 2024. Payment can be made at the high school or administration offices.
- Khan Academy has some great resources to help you prepare for the upcoming SAT. See the link provided for more information. <a href="https://www.khanacademy.org/">https://www.khanacademy.org/</a>

#### **Scholarship Opportunities**

1. The Daniels Scholarship Application is now open until October 18, 2024. Please visit the <a href="DanielsFund.org/scholarships">DanielsFund.org/scholarships</a> for more information.

#### Career/College Fair

We will have a career/college fair on October 16, 2024. We will have many guest speakers from different career backgrounds and we will also welcome 15 colleges from the surrounding areas.

If you have any questions or concerns, please feel free to reach out to me directly by email at <a href="mailto:camillalynch@rcsnm.org">camillalynch@rcsnm.org</a> or call me at (505) 726-9662.



District code in Family Portal is: **RE-NM** 

Family Portal: <a href="https://re-nm.client.renweb.com/pwr/">https://re-nm.client.renweb.com/pwr/</a>

ACE Scholarship recipient(s): If you received the ACE scholarship for the 24-25 school year, don't forget your thank you card/letter is due October 11th! If you need any cards to write this thank you or help completing this please reach out to Deanna Benson dbenson@rcsnm.org or (505) 726-9628 or stop by the administration office.

<u>Donor Scholarships:</u> Will be available Friday, October 4th. Copies will be with Ms. Begay at the High School, and Ms. Peywa at the Elementary and Middle School. A link to our internal scholarship webpage will be provided if you would like to download. Please review the scholarship application to see if your child is eligible.

<u>Multicultural Committee:</u> We are looking for parents interested in joining the multicultural committee to help with ideas and planning future events for our student body and community. We have many exciting days to plan for and you can also earn volunteer hours by joining or volunteering at a future event we sponsor. Get in touch with Verlena Livingston at <a href="mailto:vlivingston@rcsnm.org">vlivingston@rcsnm.org</a>.

**FACTs tuition statement:** All tuition statements will now be sent by email through the FACTs system. If there are any adjustments made to your tuition account, you will receive an email.

**Lynx Scholarship:** This scholarship is available for families who need additional assistance with their tuition this year. Remember, if you are having difficulty paying your tuition, please come and talk with us. We understand situations can arise and we want to learn of these early rather than later. Here is the link to the **Lynx Scholarship application**.





## **Parent Volunteer Program (PVP)**

We are excited to share opportunities with you to get involved. Remember that when you volunteer you will also need to log those hours. You can click on the link below, answer the questions and hit submit so we can get those hours logged for your family. Each family will need to complete 10 volunteer hours for this school year. If you have any questions please feel free to contact me <a href="mailto:dbenson@rcsnm.org">dbenson@rcsnm.org</a> or (505) 726-9628.

#### **PVH link** to track hours

- Serving in the **lunch line** any day Monday through Friday 11:15-12:30pm.
   Fellowship Hall servers
- 2. We are looking for help with the upcoming **Volleyball Tournament.** Sign up to help with the admission gate. 2024/2025 Home Sports/Admission Gate Volunteer Schedule
- 3. We have a **teacher/staff amazon wish list.** If you would like to purchase an item. This would be credited toward your PVH. <u>Amazon Wish List</u>
- 4. The **after school program** is in need of snacks for students. All items must be individually packaged. If you bring snacks you can count this towards your PVH. You can drop snacks off at the elementary school.
- 5. If you would like to help in the **concession stand** during a game. Please contact me for details.
- 6. **Fall carnival** is coming up October 4 if you want to donate a baked item for the bake sale. All items need to be dropped off at the high school on October 4.
- 7. Candy, small bags of chips, hotdogs, hotdog buns, bottle water and gatorade. These are all items that can be donated for the concession stand. All items donated can be counted towards your PVH.

# **Food Service**

Just a reminder ALL KIDS EAT FREE for both Breakfast and Lunch! Breakfast is available at 7:30AM at the HS Concession Stand and Lunch will continue to be in the Fellowship Hall.

Lost and Found; Please encourage your kids to look where the coat rack is in the Fellowship Hall for their hat, coat or pullover if they are missing one.

We will continue doing finger scans for all new students for counting lunch meals. All we need is one scan and it is good for the rest of their time at Rehoboth. Once the student has graduated or leaves Rehoboth, scans will be deleted. If you have any questions, please do not hesitate to reach out to me. THANK YOU!

We are encouraging kids to drink all their milk and eat all the food provided. We do not want to see any food wasted this year! They are always welcome to speak up and turn down a food item, as long as they have 3 items on their tray which needs to include a fruit or vegetable.

We are encouraging volunteers to help us serve lunch between 11:30 to 12:30 Monday through Friday, you will also earn your volunteer hours for the year.

If you have any questions, praises, or suggestions, please feel free to reach me at <u>danderson@rcsnm.org</u> or 505-726-9616. Here's to a wonderful school year!

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." **Ephesians 4:32** 



ALL kids eat FREE! Take Advantage!

### Menu Week of Sept 30, 2024 to Oct 4, 2024

Monday Sep 30, 2024	Tuesday Oct 1, 2024	Wednesday Oct 2, 2024	Thursday Oct 3, 2024	Friday Oct 4, 2024
B-Fast on a Stick, Fruit, and White Milk	Blue Mush Blueberries w/ strawberry White Milk	1	_	Smoothie w/ Mixed berries and white Milk
Sauce, Garlic Toast ,Green Beans ,Fruit ,	Bun, Baked Beans, Coleslaw, Fruit , White	Tater Tot, Corn, Fruit, Choc. Cookie White and Choc Milk		Corn Dogs, Curly Fries, Veggie Dippers, Fruit , white and choc milk

RCS is an equal opportunity provider. Menu subject to change due to product availability.

# **In Gear: Transportation**

#### **Deuteronomy 31:6**

Be strong and of good courage, do not fear nor be afraid of them; for the Lord your God, he is the one who goes with you. He will not leave you nor forsake you.

Greetings everyone, a few reminders and updates to share;

- Tohatchi Bus Route:
  - o The Tohatchi Bus Stop has moved from the Speedway Gas Station to the Navajo Petroleum Gas Station
  - The Tohlakai Bus Stop has moved from the CRC Church to the Tohlakai Speedway Gas Station
- Please be on time to your Bus Stop. It is best to be at your bus stop 5-10 minutes earlier than the posted time
  on the schedule.

#### See link below for 2024-2025 Bus Route TImes:

Current 2024-2025 Bus Routes

Currrent 2024-2025 Bus Routes (Thursday Early Dismissal)

For day of transportation changes, please contact the school before 2:15pm.

- Val Peywa at 505-726-9675 for Elementary/Middle school
- Shawna Begay 505-726-9632 for High School

For permanent transportation changes please contact Darius Yazzie at <u>dariusyazzie@rcsnm.org</u> or 505-726-9622

Darius Yazzie | Transportation Manager



# I Believe: Athletics

Here are our coaches contact information:

#### **CONTACTS:**

Volleyball coach, Char Chapman: cchapman@rcsnm.org
Boys Soccer coach, Phil Frederickson: frederiksenphil@gmail.com
Girls Soccer coach - Neil Weeda: nweeda@rcsnm.org
HS and MS Cross Country coach, Autumn Newell: ajnewell@rcsnm.org
Middle School Volleyball coach, Candice Yazzie; cyazzie@rcsnm.org

#### **FALL SPORTS Reminders:**

Rehoboth Christian School requires a completed RCS sports packet with a physical form completed by a physician before official practices start. Packets will need to be reviewed by the Athletic Director to ensure everyone is cleared for participation for the 2024-25 school year.

Basketball Practice Starts: - November 18, 2024

Devotionals for athletes: <a href="https://www.fca.org/resources/personal-growth">https://www.fca.org/resources/personal-growth</a>

#### A Biblical Approach to Parenting your Athlete:

https://www.fca.org/docs/default-source/default-document-library/revised-biblical-approach-to-parenting-athlet es.pdf?sfvrsn=7d41b07a\_2

DATE	HIGH SCHOOL	MIDDLE SCHOOL
Thursday, September 26	Rehoboth Varsity Volleyball Tournament - Pool Play (see attached schedule on next page) 3:00pm - Girls Soccer HOME vs. Socorro 5:00pm - Boys Soccer HOME vs. Socorro HS Golf @ Kirtland Central	
Friday, September 27	Rehoboth Varsity Volleyball Tournament	
Saturday, September 28	Rehoboth Varsity Volleyball Tournament HS Cross Country Meet @ Newcomb 10:00am Varsity Girls 10:45 am Varsity Boys 11:30am JV Boys and Girls	MS Cross Country Meet @ Newcomb 9:00am MS Girls 9:30am MS Boys
Monday, September 30	HS Golf @ Albuquerque	5 /6 pm MS Volleyball HOME vs. Ch'ooshgai
Tuesday, October 1	3:00pm - Girls Soccer HOME vs. Bosque 5:00pm - Boys Soccer HOME vs. Bosque	
Wednesday, October 2		5 / 6 pm MS Volleyball AWAY vs. Hozho Academy
Thursday, October 3	4 / 5pm - Volleyball HOME vs. Alamo Navajo(JV,V) 3:00pm - Girls Soccer AWAY vs. East Mountain 5:00pm - Boys Soccer AWAY vs. East Mountain	

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# **Community Action**

We like to support our community, so if you have any events that you would like to add to Parent News please email the information to <a href="mailto:adminsec@rcsnm.org">adminsec@rcsnm.org</a> by Wednesday so it can be added to the Thursday edition of the parent news.



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## **National Night Out 2024**



# Preparedness & **Public Safety Day**

Meet area First Responders for a Fun & Informative Event

Free Hot Dogs, Chips & Soft Drinks



 Create a Family Emergency Communication Plan

· Hear from safety specialists and rescue personnel.



5:30-7:30 p.m.

Tuesday, Oct. 1 Red Rock Park

Open to Public - Free Admission

More info: MCOEMPreparednessDay@co.mckinley.com

Informational Booths • Exhibits

Law Enforcement Meet & Greet • Emergency Demonstration

Workshops include: Build an Emergency Kit; Evacuation Alerts & Warning:

Drones in Public Safety; and Family Emergency Communication Plan



AT



222 E. Boulder Rd. Gallup, NM

# For Students Age 3 - 8th Grade









# WEDNESDAYS

**AT** 

6:30 - 8:15

For more info: (505) 722 - 5114 gracebiblegallup.org/ministries/children



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# REHOBOTH CHRISTIAN SCHOOL

# FAILL CARNIVAL



# WHEN:

FRIDAY, OCT 4

4:00-7:30 pm



# LOCATION:

Rekobotk High School SFC



TICKETS

4 for \$1.00



\*FUNDRAISER FOR OUR CHOIR & BAND PROGRAMS\*

# Rehoboth Christian High School

College and Career Day Date: October 16, 2024

Time: 12:30 PM to 3:00 PM

Location: RCS LC



# Hear speakers from different career fields & attend a College Fair!

#### What to Expect:

DOCTOR

LAWYER

MANAGER

ENGINEER

TEACHER

DESIGNER

- Explore career fields by hearing experts in those professions discuss what they do everyday.
- · Ask them questions about their profession.
- Talk one-on-one with them.
- Talk to colleges about specific programs, costs, schedules, etc.
- Set up appointments with colleges to visit the campus.

If you would like to be a guest speaker or if you would like to set up a booth please contact Camilla Lynch at <a href="mailto:camillalynch@rcsnm.org">camillalynch@rcsnm.org</a> or call (505) 726-9662.