



Parent News

January 30, 2025



P.O. Box 41, Rehoboth, NM 87322 • 505-863-4412 • www.rcsnm.org

Table Talk

Dan Meester | Executive Director

I subscribe to a couple of different weekly emails, and one of them is called "The Monday Mindset," put out by PGC Coaching. Each week, there's a short video and a couple of paragraphs meant to challenge you to approach life a bit differently. This week, it started off with a question:

"Are you mature?"

As the speaker and PGC President, Mano Watsa, dove into the idea, he said that in this case, the mark of maturity was whether or not we could put the <u>24-Hour Rule</u> into practice. When something or somebody annoys you, angers you, or frustrates you, do you simply react and spout off angrily right back at them . . . or are you able to take 24 hours to think about their perspective, cool off, and choose your words more carefully?

This is the difference between *reacting* to someone and *responding* to them, and I'm not sure if there's a more appropriate piece of advice for all of us at this time and in this cultural moment.

As Christians, we talk about being counter-cultural—with lives that are governed by the laws and mission of God, rather than those of society. The skill of responding rather than reacting is something that will speak volumes about who you are as a person, but on top of that, it also has the chance to change the minds and hearts of others for the better! "A gentle answer turns away wrath, but a harsh word stirs up anger," says Proverbs 15:1.

As we continue to focus on hospitality at Rehoboth this school year, it strikes me that having our school be a place where gentleness marks our most challenging interactions is a great way to make sure people feel welcomed and cared for in our midst. That call is for our staff as they work together, for families and school personnel when they interact, and it's certainly for our students.

So, when you're driving and someone cuts you off ... when the person checking out in front of you clearly has more than 15 items in the express lane ... when you walk in the door after a long day and are greeted immediately with the question, "What are you making for dinner?" In these moments, count to ten or think of the 24-hour rule. You'll be demonstrating some personal maturity, but most of all, you'll be claiming territory for the Kingdom of God.

Together,

Dan Meester, Executive Director

Table of Contents for Parent News:

- 1. All School Announcements
- 2. Elementary News
- 3. Middle School Matters
- 4. High School Highlights
- 5. <u>High School Counselor's Corner</u>

- 6. Inside Scoop
- 7. Food Service Line
- 8. <u>In Gear: BookmarkTransportation</u>
- 9. I Believe: Athletics
- 10. Community Action

Upcoming All School Events

- Thursday, January 30 from 6-8 pm- Homecoming Bonfire & TailGate Party
- Friday, January 31 HOMECOMING 4:00 pm Please see athletic schedule pg 11 for game time changes
- Monday, February 3 Parent Information Night about Technology (7pm in the LC)
- February 10-14 International Heritage Week (student poster & poetry contest)
- Monday, February 17 NO SCHOOL Presidents Day

All School Announcements

Re-Enrollment for Current Families is now available

Please go <u>HERE</u> to the family portal to re-enroll. *District code is re-nm*. If you don't remember your password you can reset it or call 505-863-4412 and we can do that for you. Thanks.

From the Business office:

As we start the second semester we hope to see first semester balances paid. Please stop by the business office to make a tuition payment if you have a balance. If unforeseen circumstances have happened please email cbia@rcsnm.org and adminsec@rcsnm.org or stop by the office. Communication with the business office about first semester tuition balances is appreciated.

Parent Volunteer Hours

An email was sent out in December with the balance of your service hours completed. If you have served some hours and were not accounted for please submit them (teachers and staff cannot do that for you).

Just a reminder that all families are required to do **10 hours** of volunteer service for the school year and to submit your hours. Each hour is worth \$15. Please refer to the volunteer section on ways you can volunteer as well as the link to submit your completed hours. If you have any questions please contact Deanna Benson at dbenson@rcsnm.org or 505-726-9628.

<u>Upcoming Information Night about Technology</u>

Thank you to the parents, staff, and students who attended our first Technology Information Night this past Tuesday! We have one more of these nights coming up on <u>Monday, February 3 at 7pm in the LC of the high school</u>. You'll hear great information about the impact of cell phones and social media on children and what we can do to help our children

and students flourish in school and in life. Parents will be credited volunteer hours for coming. We hope to see you there

International Heritage Week - February 10-14

In celebration of International Heritage Week, the multicultural committee will be hosting a Poster and Poetry Contest for all students (K-12th grade). Our theme is: *Global Hospitality: Where Culture Meets, Hospitality Greets*

Entry forms can be picked up at each school with Ms. Peywa or Ms. Begay. For the poster contest, we are supplying the poster and can also be picked up at the school. Deadline for submission is Monday, February 3rd and winners will be announced, Monday, February 10th.

POSTER CONTEST INFO

POETRY CONTEST INFO



Elementary News

Technology Parent Night

Come Monday, February 3 at 6pm in the high school LC to hear about steps we're taking here at Rehoboth, and steps that you can take at home, to help your student flourish in our digital world! Also, be looking for an email that will outline our school's new phone free policy for K-12. Once reading through this, please don't hesitate to reach out with any questions you may have.

Sick Kiddos

We're seeing an increase in sick students at the front desk; if you know your child isn't feeling well (fevers, stomach bugs) at the start of the day when they wake up, please keep them home. We understand that it can be difficult to make arrangements the morning of; however, we want to keep those germs from spreading!

Toolbox Thursday

Have your children used the pause button or the rewind and try again button at home? We have used these REMOTE CONTROL buttons often at school. This week we will finish this tool by practicing the Slow Motion button as we line up, practice handwriting, work out a problem, wait for others to finish up.

Check folders and binders for a paper remote control that your children could use at home.

Leanne Gillson

Middle School Matters

Technology Parent Night

Come Monday, February 3 at 6pm in the high school LC to hear about steps we're taking here at Rehoboth, and steps that you can take at home, to help your student flourish in our digital world! Also, be looking for an email that will outline our school's new phone free policy for K-12. Once reading through this, please don't hesitate to reach out with any questions you may have.

Upcoming Events (MS only)

Monday, February 3 - B

MS Bball Away @ Wingate - Girls B 4pm, Boys B 5pm, Girls A 6pm, Boys A 7pm 2nd technology parent night @ 7pm in the HS

Tuesday, February 4 - A

Wednesday, February 5 - B

MS Bball Away @ Navajo Pine - Girls B 4pm, 6th Boys 5pm, Girls A 6pm, Boys A 7pm

Thursday, February 6 - A

MS BBall - Hozho Academy Wolf Jam Basketball Tournament Begins - Rehoboth Girls -vs- Hozho Academy @ 1pm, Rehoboth Boys -vs- Gallup Mid @ 8pm

Friday, February 7 - B

MS Bball Away @ Pine Hill - Girls B 3:30pm, Boys B 4:30pm, Girls A 5:30pm, Boys A 6:30pm

Saturday February 8

MS Bball - Hozho Academy Wolf Jam Basketball Tournament continues - Games TBA

High School Highlights

Homecoming is here. Earlier this semester I asked the teachers to nominate students who they thought embodied our school's mission statement of love, service, and transformation. The students who were nominated would have all been wonderful homecoming representatives, but I asked the students to choose from the list of students who received the most nominations. Here are the students who were voted Homecoming representative based upon their lives of love, service, and transformation:

Freshmen- Sage West & Simon Frederiksen Sophomores-Brooklyn Quintana-Yates & Austin Lewis Juniors-Aunika Becenti & Josiah Becksvoort Seniors-Angela Sowers & Owen Hunter

Please join us between the varsity girls and varsity boys basketball games for a moment of recognition of these students.

Please be on the lookout for a message from me in your email this week. This email will contain a letter about our school's new phone free policy and the formal policy itself. Please read this and contact me with any questions you may have. We will have another parent technology night on Monday, February 3 that will explain the thinking behind the policy.

Seth Weidenaar High School Principal

High School Counselor's Corner

Spring SAT

Junior and seniors interested in taking the SAT, please stop by my office to sign up by Friday, February 7, 2025.

Scholarship Information

The application portal for multiple NMAA Scholarships is currently open. Please visit the NMAA website for eligibility information https://www.nmact.org/foundation/scholarship-forms/ application deadlines for most scholarships is **February 1, 2025.**

Continental Divide Electric Cooperative's Education Foundation is now accepting scholarship applications for the 2025-2026 school year. Please stop by the high school counseling office to pick up an application. The deadline to submit your applications is **Monday, March 31, 2025.**

First Financial Credit Union Scholarship Application is now available. Please stop by my office to pick up an application packet.

American Indian Education Fund Scholarship Opportunity for High School Seniors. Please visit https://nativepartnership.org/aief/ for more information. Early deadline for extra point is March 1, 2025, Final submission deadline is April 4, 2025.

STEM Opportunities

The University of Arizona Native American Science & Engineering Program application is now available. The Native American Science & Engineering Program (NASEP) is a FREE year-long program (summer program & year-long engagement) designed to provide Native American, Alaskan Native, and Hawaiian Native high school students with the necessary resources to enroll in college and pursue a career in Science, Technology, Engineering, and Mathematics (STEM). Please see the flyer attached for more information.

The Summit STEM Fellowship is a virtual summer fellowship empowering the next generation of leaders in STEM. Open to rising 9th-12th grade students, the fellowship aims to identify top students around the world. As a Summit STEM Fellow, students learn from a network of mentors from Stanford, MIT, Harvard, and other top institutions, and explore different opportunities and career pathways in STEM. The fellowship is a flexible 10-15 hours/week commitment, and students may participate alongside other summer activities. For more information and the application link, please visit: www.summitstemfellowship.org. If you have any questions, please email info@summitstemfellowship.org.

College Visit Days

Eastern New Mexico University (ENMU) will hold 2 open house events. One on Saturday, March 22, 2025 and April 26, 2025. Please register at www.enmu.edu/openhouse or call (575) 562-2178.

Camilla Lynch, Guidance Counselor

Inside Scoop Community Life & Admissions

District code in Family Portal is: **RE-NM**

Family Portal: https://re-nm.client.renweb.com/pwr/

Office of Diné Youth (ODY) Scholarship: The ODY scholarship applications were taken up to Window Rock today. They are due tomorrow 1/31/25 by 5pm so if you still have your paperwork to hand in, it will be your responsibility to bring it to their office by tomorrow.

<u>Multicultural Committee:</u> We are looking for parents interested in joining the multicultural committee to help with ideas and planning future events for our student body and community. We have many exciting days to plan for and you can also earn volunteer hours by joining or volunteering at a future event we sponsor. Get in touch with Verlena Livingston at vlivingston@rcsnm.org.

New Students for the 25-26 school year:

Enrollment for new students will open up on **Monday, February 3, 2025.** If you are a current family and plan to add a new student for the 25-26 school year you will be able to do that through your family portal in renweb on or after February 3rd. Pre-K will also open their enrollment on February 3rd. Please go to <u>www.rcsnm.org</u> then to Pre-K admissions under the admissions tab to fill out the application. You can also request a tour there.

Re enrollment:

For all current families, re-enrollment for the 2025-2026 school year began on January 17th. A parent should have received an email.

Here are some details to know:

- 1. One parent will receive an email that the re-enrollment packet is open in their Family Portal.
- 2. Only one parent is considered the "responsible parent" for re-enrollment and will get the packet for their child(ren).
- 3. The email will contain a link to the Family Portal.
- 4. The "responsible parent" needs to have a username and password set up with their Family Portal. To get yourself set up for a Parent Portal, <u>click here</u>. If you need to reset your password follow the prompts.

Re-enrollment Assistance Opportunities:

We plan to set up at a few high school & middle school basketball games to give parents the opportunity to re-enroll their child(ren). Look out for us!

Lastly, there is a competition! The class with the highest percentage of re-enrollment by January 31st at 5pm will receive a class prize.



Parent Volunteer Program (PVP)

We are excited to share opportunities with you to get involved. Remember that when you volunteer you will also need to log those hours. You can click on the link below, answer the questions and hit submit so we can get those hours logged for your family. Each family will need to complete 10 volunteer hours for this school year. If you have any questions please feel free to contact me dbenson@rcsnm.org or (505) 726-9628.

<u>PVH link</u> to track hours- Please be sure to log your volunteer hours. Staff members and teachers will not be able to do it for you.

- 1. We still need some volunteers to sign up to help with the admission gate. Sign up here 2024/2025
- 2. Check out our **teacher/staff amazon wish list.** If you would like to purchase an item. This would be credited toward your PVH. <u>Amazon Wish List</u>
- 3. Serving in the **lunch line** any day Monday through Friday 11:15-12:30pm. Sign up below. Fellowship Hall servers

Thank you for completing your parent volunteer hours.

Darrin Spencer and Shelby Nelson

Food Service

Here at Rehoboth we offer healthy food choices for our kids. Children are served vegetables, fruits, grain, dairy and protein. Very thankful that we are still able to do that . Please encourage your children to eat foods that are served. And as always we want to thank our volunteers who help serve .

We will continue doing finger scans for all new students for counting meals. All we need is one scan and it is good for the rest of their time at Rehoboth. Once the student has graduated or leaves Rehoboth, scans will be deleted. If you have any questions, please do not hesitate to reach out to me. THANK YOU!

We are encouraging kids to drink all their milk and eat all the food provided. We do not want to see any food wasted this year! They are always welcome to speak up and turn down a food item, as long as they have 3 items on their tray which needs to include a fruit or vegetable.

If you have any questions, praises, or suggestions, please feel free to reach me at danderson@rcsnm.org or 505-726-9616. Here's to a wonderful school year!

Philippians 4:6 -" Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God."

ALL kids eat FREE! Take Advantage!

Menu Week of Feb 03, 2025 to Feb 07, 2025

Monday Feb 3, 2025	Tuesday Feb 4, 2025	Wednesday Feb 5, 2025	Thursday Feb 6, 2025	Friday Feb 7, 2025
French Toast w/ syrup, Fruit and Milk		l *		Very berry Smoothie, and Milk
	Baked Potato w/ Diced Ham or Bacon Bits, w/ Cheese, Butter, Chives, and Sour Cream Fruit and Milk	and Cheese, Mixed Salad	beans, Coleslaw , Fruit	Pepperoni and Cheese Pizza , Veggie dippers, Fruit and Milk

In Gear : Transportation

Deuteronomy 31:6

Be strong and of good courage, do not fear nor be afraid of them; for the Lord your God, he is the one who goes with you. He will not leave you nor forsake you.

Greetings everyone:

- As always, please keep your phone numbers updated in RENWEB. Delays or cancellations are announced through our RENWEB system by a text message and by email.
- Reminder that there is no FOOD or DRINK allowed on the bus. Water bottles must have lids secure so
 no spill will occur while the bus is in enroute.
- Please continue to be 10-15 minutes EARLY to your AM and PM Bus Stop! There may be times when buses arrive earlier than usual.

See link below for 2024-2025 Bus Route Times:

Current 2024-2025 Bus Routes

Current 2024-2025 Bus Routes (Thursday Early Dismissal)

For day of transportation changes, please contact the school before 2:15pm.

- Val Peywa at 505-726-9675 for Elementary/Middle school
- Shawna Begay 505-726-9632 for High School

For permanent transportation changes please contact Darius Yazzie at dariusyazzie@rcsnm.org or 505-726-9622

Darius Yazzie | Transportation Manager



I Believe: Athletics

SPRING SPORTS:

Is your son or daughter interested in joining Spring Sports? If so, please make sure they have a completed Athletic Packet turned in. Please also contact these coaches. Middle School Spring Sports will sign up with Mr. Arendsen during the new exploratory session.

HS Baseball - Ken Zylstra kzylstra@rcsnm.org Phone Number 505-726-9683

HS Softball - Crystal Pablo ccpablo21@qmail.com

HS Track - Chad Meekhof cmeekhof@rcsnm.org

<u>Devotionals for athletes</u>: https://www.fca.org/resources/personal-growth

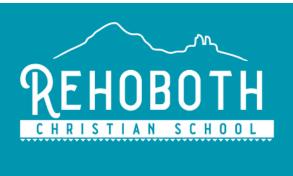
A Biblical Approach to Parenting your Athlete: CLICK HERE

DATE	HIGH SCHOOL	MIDDLE SCHOOL
Thursday, January 30	4:00 pm - HS Girls Basketball (JV) AWAY vs. Gallup HS	MS Basketball HOME vs. Ch'ooshgai 4:00pm - Girls B 5:00pm - Boys B 6:00pm - Girls A 7:00pm - Boys A
Friday, January 31	HOMECOMING VS. DULCE 4:00 pm - Boys JV 5:30pm - Girls Varsity 7:15 pm Boys Varsity	
Saturday, February 1	11:00 / 2:00 pm - HS Girls Basketball AWAY vs. Navajo Pine (JV,V) 12:30pm / 3:30 pm - HS Boys Basketball AWAY vs. Navajo Pine (JV,V)	
Monday, February 3		MS Basketball Away vs. Wingate 4:00pm - Girls B 5:00pm - Boys B 6:00pm - Girls A 7:00pm - Boys A
Tuesday, February 4	3:00 / 6:00 pm - HS Girls	

	Basketball AWAY vs. Hozho Academy (JV,V) 4:30 / 7:30 pm - HS Boys Basketball AWAY vs. Hozho Academy (JV,V)	
Wednesday, February 5		MS Basketball Away vs. Navajo Pine 4:00pm - Girls B 5:00pm - Boys B 6:00pm - Girls A 7:00pm - Boys A
Thursday, February 6	3:00 / 6:00 pm HS Girls Basketball HOME vs. Ramah (JV,V) 4:30 / 7:30 pm HS Boys Basketball HOME vs. Ramah (JV,V)	

Community Action

We like to support our community, so if you have any events that you would like to add to Parent News please email the information to adminsec@rcsnm.org by Wednesday so it can be added to the Thursday edition of the parent news.



HOMECOMING WEEK

BONFIRE AND TAILGATE PART

Thursday, Jan. 30 6pm-8 pm



Please bring your own S'mores and hot dogs



Join us to explore the possibilities of creating new worship songs in Navajo for a new generation of worshippers in our churches. Examples of recent creations like "Haala Ayoo Diyin" will be presented, with discussions of the kinds of music that are available to us in Navajo tradition.

Special guests: Rev. Daniel Smiley, Ray Begaye and others

Drum drawing by Shutterstock



Native American Science & Engineering Program



June 8-14, 2025 University of Arizona

nasep.arizona.edu FREE year-long program (summer program &

year-long engagement) designed to provide Native American high school students with the necessary resources to enroll in college and Technology Science pursue a career in Engineering and Mathematics (STEM).

Professional: Network with Indigenous professionals from Raytheon and IBM

Mental: Build a computer

Environmental: Visit the

Biosphere II

Emotional: Capture the experience through digital storytelling using the technology device gifted to participants

Physical: Play sports at the University Recreation Center

Cultural: Discuss Indigenous land stewardship and how this knowledge applies to STEM

Social: Team-build during a ropes

course

Spiritual: Participate in an opening and closing blessing of

the program



Learn more at



nasep@arizona.edu



(520) 626-2300

