

Parent News September 14,2023



P.O. Box 41, Rehoboth, NM 87322 • 505-863-4412 • www.rcsnm.org



Dear Parents,

The Rehoboth Christian School board met on August 28 to plan for the 2023-24 school year. The Board is excited to advance and protect the mission of Rehoboth Christian School. Much of the Board work is done through their committee assignments as they join staff and other parents/community members and focus on issues having to do with Finances and Operations, Education or Personnel. We are thankful to have a committed group of Board members who are willing to give their time to Rehoboth and on these committees. The 2023-24 School Board, their committee assignments and their emails are listed here:

President- Nicole Hawthorne - <u>nhawthorne@rcsnm.org</u> Executive and Personnel Committees Vice-President - Sheena Isaacson - <u>sheenaisaacson@rcsnm.org</u> Executive Committee Sierra Asamoa Tutu - Secretary - <u>sierraasamoatutu@rcsnm.org</u> Executive and Museum & Art Committees Jason Arsenault - Treasurer - <u>jasonarsenault@rcsnm.org</u> Executive, Finance & Facilities, and Rehoboth LLC Fabian Heredia - <u>fheredia@rcsnm.org</u> At Large Cynthia Garcia - <u>cyndigarcia@rcsnm.org</u> - Finance & Facilities and Rehoboth LLC Margaret Perales - <u>margaretperales@rcsnm.org</u> - Education Committee Rochelle Begay - <u>rochellebegay@rcsnm.org</u> - Education Committee James Holwerda - <u>jholwerda@rcsnm.org</u> - Personnel Committee Genevieve Jones - <u>genevievejones@rcsnm.org</u> - Wellness and Museum & Art Committees Edmund Yazzie - <u>edmundyazzie@rcsnm.org</u> - Education and Museum & Art Committees

So thankful for God's provision!

Always amazed!

Bob Ippel Rehoboth Christian School Executive Director

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Upcoming Events

- September 14-16 RCS Boys Soccer Tournament
- September 18 School Picture Day
- September 21 5:30-8:30 pm THINQ meal 5:30pm, discussion 6:30-8:30pm -HS

All School Announcements

Business Office

A reminder that your August tuition payment should have been made. Your September statement was emailed to you on September 8. Please check your email for one from Rcsrenweb that shows your statement. We are thankful for your support by paying your tuition promptly and for communicating with us concerning your situation. If you have any changing circumstances which would cause a delay of your monthly payment, please contact <u>adminsec@rcsnm.org</u> or call our office at 505-726-9635.

Picture Day - September 18

Our visiting photographers will be at Rehoboth on Monday, September 18 to take pictures of our students. Parents will receive a link from these photo sessions, and they can order any number or size of prints that they would like. There will be lots more reminders about this day, but it never hurts to be prepared!

THINQ with Us on September 21

Next week, we will be hosting a special parent night at Rehoboth as part of a global event called the THINQ Summit. THINQ brings people together to think about, learn, and discuss challenging topics through a Christian lens; and we believe that the format can bring a lot of value to our Rehoboth community. There will be a series of short (8-10 minutes each) talks with time to consider, discuss, and digest them in between. We plan to focus on topics like mental health, technology, and faith formation; and we hope that you will be able to join us! Please mark your calendars for Thursday, September 21. The event will start at 6pm in the LC of the high school.

High School Band Fall Concert

The High School Band Fall Concert will be October 2 at 7pm in the LC of the high school.

FALL CARNIVAL

Fall Carnival will take place October 6 from 4 - 7:30pm.

Indigenous People's Day Horseback Ride

Monday, October 9. If students or families wish to ride please contact Elmer Yazzie at 520-975-9176.

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Elementary News

Elementary Handbook

Picture Day - September 18

Our visiting photographers will be at Rehoboth on Monday, September 18 to take pictures of our students. Parents will receive a link from these photo sessions, and they can order any number or size of prints that they would like. There will be lots more reminders about this day, but it never hurts to be prepared!

New Mexico Battle of the Books Titles Now Available in the RCS Library!

All books from this year's reading list for the New Mexico Battle of the Books are available for check out at the RCS Library and students are encouraged to participate in this annual literacy event. There are 20 titles available from the Elementary School List and 20 titles from the Middle School List.

The New Mexico Battle of the Books is a reading competition for students in grades 4-8. Children read and meet with their peers throughout the year, then enter a quiz-style battle, with four rounds, in which they are asked about books that they have read from the year's designated Battle of the Books reading list. The New Mexico Battle of the Books encourages the youth of New Mexico to read high quality literature, have fun, and compete by demonstrating their knowledge of books.

Facilitators for this year's Battle of the Book will be Jamie Frederiksen for elementary students and Amara Sherman for middle school students. For more information and to view the 2023-24 Book Lists, please visit the New Mexico Battle of the Books homepage at: <u>https://nmlibraries.org/battleofthebooks/</u>

Toolbox Thursday

Now that we have expanded our feelings vocabulary, we are ready to learn/review the 12 Tools in our Social/Emotional Toolbox. This week we will focus on the Breathing Tool. This is the tool most adults use to reduce their stress. You can practice deep slow breathing during calm times so you and your child (ren) are ready to use it when anger, frustration, anxiety and other BIG feelings take over your calm thoughts and behaviors. Look for more information and ideas in your child's folder/binder.

Elementary PE (grades K-5)

P.E. is held on Mondays (3rd, 4th, and 5th) and Tuesdays (Kindergarten, 1st, and 2nd) each week. Please help students remember to wear appropriate attire and footwear that allows them to move comfortably when we are in the Auxiliary Gymnasium. Crocs, sandals, and boots are discouraged. Students are also encouraged to bring a water bottle to class.

Transportation Changes

If transportation changes are necessary, please contact Val Peywa before 2:15 so that she has time to communicate with classroom teachers and students.

Early Release

On early release days, students go to lunch from 11:00-11:30, recess from 11:30-12:00, and return to class for an hour of instruction. The bell for dismissal rings at 1:05pm.

Tara DeYoung, EL/MS Principal

Middle School Matters

Upcoming Dates

Saturday, Sept. 16 MS Cross Country AWAY @ Shiprock

Monday, Sept. 18: **PICTURE DAY,** MS Volleyball **HOME** v. Wingate, 5pm Wednesday, Sept. 20: MS Volleyball AWAY v. Shiprock, 5pm Thursday, Sept. 21: MS Volleyball **HOME** v. Crownpoint Community, 5pm Friday, Sept. 22: MS Volleyball **HOME** v. Hozho, 5pm Saturday, Sept. 23: MS Cross Country AWAY @ Newcomb

Monday, Sept. 25: MS Volleyball **HOME** v. Pine Hill, 5pm Wednesday, Sept. 27 MS Volleyball AWAY v. Chooshgai Friday, Sept. 29 MS Volleyball AWAY v. Hozho

Things to Ponder: Sleep

An adequate amount of sleep directly affects student focus, health and behavior. According to the CDC, "Children and adolescents who do not get enough sleep have a higher risk of obesity, diabetes, injuries, poor mental health, and problems with attention and behavior." Students aged 6-12 years should get 9-12 hours of sleep every night and students aged 13-18 should get 8-10 hours of sleep every night. You can help students get the sleep they need by sticking to consistent sleep schedules and routines, limiting light exposure, and limiting technology use in the evenings. Setting a "media curfew" and designating technology use outside of student bedrooms are some ways to help moderate student use of technology in the evenings. Please help make sure your student is getting enough sleep every night! <u>Click here to read more</u>.

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Tara DeYoung, EL/MS Principal

High School Highlights

Take Your Cares to the Lord

In this week's chapel, Daniel Esplin from Indian Bible College in Flagstaff spoke to our students about a powerful topic-our response to God in times of pain and trouble. In the book of Acts, chapter 16, we learn the story of Paul and Silas in prison and how, despite being shackled and beaten, they prayed and sang praise to the Lord. It's both a comfort and a challenge to know that when we are in torment, we can pray and cry out to God. Being willing to take our pain, anger, loneliness, and other "hard" feelings to God can seem disrespectful, but He invites us to lean on Him during our *most* difficult times. And like Paul and Silas found out, our faith during those times serves as a powerful witness to others and can lead them to the Lord as well.

Congratulations, College Board Honorees!

Each year, the College Board honors students who have excelled with a combination of good grades and excellent performance on the PSAT, SAT, and/or AP Exams. This year, we are proud to announce <u>eight</u> such students from Rehoboth. Way to go, Lynx! Please join us in congratulating:

- Kaylee Becenti (National Indigenous Award, National Rural & Small Town Award)
- Liam Bia (National Indigenous Award)
- Lizzie Brochey (National Rural & Small Town Award)
- Jordyn Holtsoi-Henry (National Indigenous Award)
- Juliana Meester (National Rural & Small Town Award)
- Clayton VanSlooten (National Rural & Small Town Award)
- Garrett VanSlooten (National Rural & Small Town Award)
- Meg Zwiers (National Rural & Small Town Award)

Picture Day on Monday

Get your best outfit ready, and do your hair just right! It's school picture day on Monday (September 18). Photographers from Still Light Studios in California will be here to take the pictures, and a few weeks later, families will receive an email with a link to the various pictures they captured. You will be able to choose which photo goes into the school yearbook, and you'll have the opportunity to order any prints or digital copies you might like to have. **Please make every effort to be at school Monday so that we don't have to track students down for retakes later.**

Parent Nights Underway

Each fall, the RCHS Counselor, Mrs. Camilla Lynch, hosts a series of parent nights to help families navigate some of the choices that students make during high school as they plan for their future after Rehoboth. Next up are the juniors. Please come on Monday night at 6pm in the LC.

Monday, September 18, 2023	Junior Parent Night	6pm in the LC
Monday, September 25, 20003	Senior Parent Night	6pm in the LC

Dan Meester, RCHS Principal

High School Counselor's Corner

Upcoming Parent Nights

I will provide information about classes, credits and how students can stay on track to meet their graduation requirements. The junior and senior class sponsors will also have some information about fundraising and other events as we start the school year. Please see the list below of the dates for each class. I look forward to seeing you and getting to know you.

- Junior Parent Night September 18, 2023 at 6:00 PM in the High School LC.
- Senior Parent Night September 25, 2023 at 6:00 PM in the High SChool LC.

College Success Skills Parent Information Session

On Thursday, November 2, 2023 from 5:30 PM to 7:30 PM in the High School LC. We will have Karin Admiraal from The Well-Ordered Mind provide an information session on "Preparing your student for a successful transition to college". Snacks will be available from 5:30 PM to 6:00 PM. The presentation will begin at 6:00 PM. Mark your calendars to attend this great opportunity.

SAT Testing

There is a \$25.00 fee for all seniors that signed up to take the Fall SAT. The fee can be paid at the high school front office with cash or a check. If you will be paying over the phone or with a debit/credit card please pay at the RCS administration office by October 11, 2023.

Scholarship Update

- The Gates Scholarship application deadline is September 15, 2023 at 5:00 PM (PT). Many of our seniors have been working on completing their application. I will also remind students in class today (09/07/23).
- The 2024 Daniels Scholarship Program application will open on September 15, 2023. There will be a webinar on September 14, 2023 to provide updates and information about the application and selection process. Please see the attached zoom link to attend the webinar. https://us02web.zoom.us/webinar/register/WN_XEVoURLhSJmwDsVFAQLQCg

College Open House

- Eastern New Mexico University (ENMU) will hold an in-person open house on Saturday, October 28, 2023. Students will have the opportunity to see and visit the campus and meet students, faculty and staff. If you are interested in attending please register by Thursday, October 26, 2023. You can register online at <u>www.enmu.edu/OpenHouse</u> or call (575) 562-2178 or email to <u>enrollment.services@enmu.edu</u>.
- Eastern New Mexico University (ENMU) will also hold a virtual open house on Saturday, November 18, 2023. Please register online at <u>www.enmu.edu/OpenHouse</u> or call (575) 562-2178.
- New Mexico Tech will hold an Exploration Day on Saturday, November 4, 2023 from 9:00 AM to 3:30 PM. Please RSVP today at <u>admission@nmt.edu</u> or call (575) 835-5424.

If you ever have any questions or concerns, please feel free to contact me or stop by my office.

Camilla Lynch, Guidance Counselor



Community Life & Admissions

District code in Family Portal is: RE-NM Family Portal: <u>https://re-nm.client.renweb.com/pwr/</u>

Trailblazers!

If you were able to make it out for the Trailblazer hiking community event last night, thank you for coming!

I hope you did enjoy the cool, cloudy evening. It was a great time for a short hike. You are welcome to use the trails when the gates are open. Please remember to keep your dogs on a leash.

Look out for more family community events on campus. We are always looking for parent/family volunteers to help as well.



Tuition payments & Scholarships: A reminder that every month, a tuition payment needs to be paid. You can make your payments by phone through credit (505-863-4412), at our administration building, mail in payment, or use our free service of FACTS. Every credit card payment has a fee.

If there are circumstances that are making it difficult for you to pay your tuition, you can apply for the LYNX SCHOLARSHIPS.

Verlena J. Livingston I Dir. of Community Life I vlivingston@rcsnm.org

Parent Volunteer Program (PVP) **CLICK HERE TO RECORD YOUR VOLUNTEER HOURS**

Here are a few opportunities below.

- 1. We need help with the upcoming volleyball and soccer games admission gate. Please consider signing up. Admission Fall 2023
- 2. Serve lunch in the Fellowship Hall from 11:00am-12:15pm each day. Any day Monday through Friday.
- 3. Provide individual packaged snacks for the afterschool program.

If you have volunteered please make sure you report it on the link above. Remember, if you donated snacks or food this year, they count as volunteer hours too. If hours are not reported through the link above, we cannot record the hours to your Family Portal for you to track. If you have any questions about volunteering please don't hesitate to contact me.

Deanna Benson I Volunteer Coordinator I dbenson@rcsnm.org I (505) 726-9603

Food Service Line



Hi, I am Dru, the other Sue. I just want to say thanks for making my transition easy, and want to let you all know that the lunch ladies will continue to make awesome breakfasts and lunches for the students/staff. I 've worked in the Rehoboth kitchen on and off during some of the school years in the past. I have 2 daughters that graduated from Rehoboth and I have grandkids attending. I will do my best to run the kitchen with integrity and be a good steward of what God has given us. I want to say thank you to our previous Fearless leader Sue Eddy in all that she did for our students and Rehoboth Christian School . I wish her the best in her new work place. If you have any questions, concerns, or any ideas. don't hesitate to contact me . <u>danderson@rcsnm.org</u>

Now down to business.

We need servers now, more than ever, please contact Deanna Benson at dbenson@rcsnm.org, if you can do your volunteer hours by serving lunch. It is the BEST job on campus, kids LOVE to be fed! We have some great graphics going up this week to help them remember. They are doing very well! Supervising this process is another volunteer opportunity that is fun and quite an eye opener!

We are encouraging kids to drink their milk, and eat the food on their plates. Please encourage your kids to eat what is on their plate, remembering they can speak up & turn down a food item, as long as they have 3 items on their tray, one being a fruit or vegetable!

ALL kids eat FREE! Take advantage! 🙂

Monday, Sept 18	Tuesday, Sept 19	Wednesday, Sept 20	Thursday,Sept 21	Friday Sept 22
Pancake Wrap, Syrup,	Sausage, Egg Biscuit,	French Toast, Graham,	Apple Empanada,	Ham, Cheese, Egg
Orange, Milk Ass't	Hash Brown, Juice, Milk	Fruit, Juice, Milk Ass't	Fruit, Milk Ass't	Muffin, Fruit, Juice,
	Ass't			Milk Ass't
Chicken Sandwich,	Bean Burrito, Tortilla	Chicken Nuggets,	Beef Broccoli, Rice	Chicken Fajitas, Pinto
(pickles, lettuce,	Chips, Salsa, Corn,	mashed Potato, Dinner	with Veggies,Fruit,	Beans, Spanish Rice,
tomato), Lattice Fries,	Veggie Dippers, Fruit,	rolls, Cooked Carrots,	Fortune Cookies,	Banana,
Slaw, Fruit, Milk	Milk Ass't	Fruit, Milk ass't	Milk ass't	Milk Ass't
Ass't				

Menu Week of September 18 to September 22, 2023

RCS is an equal opportunity provider. Menu subject to change due to product availability.

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In Gear : Transportation

Deuteronomy 31:8

The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged."

Greetings to all,

On September 19th, we bid farewell to fellow bus driver, Eva Denatdale. Eva has been with Rehoboth for 5 years and she will be missed. We wish Eva the best with her future endeavors. Eva's route was the Tohatchi Route and with the short time I had to work with Eva, I was very pleased to see the connection she had with her fellow passengers and how she prioritized safety on the road.

With that being said, we are still in search of bus drivers, this is something we're praying for and know that God will provide according to his will. For more information on applying, please contact me at (505) 726-9622.

Every Thursday will be an early release. Buses will leave the school at 1:20pm. ALL PM BUS STOPS WILL BE EXACTLY 2 HRS EARLIER ON THURSDAYS. See link below for 2023-2024 Bus Route Times.

Current 2023-2024 Bus Routes

For day of transportation changes, please contact the school before 2:15pm.

- Val Peywa at 505-726-9675 for Elementary/Middle school
- Shawna Begay 505-726-9632 for High School

For permanent transportation changes, please contact Darius Yazzie at

dariusyazzie@rcsnm.org or 505-726-9622



Darius Yazzie | Transportation Manager (505)726-9622 | <u>dariusyazzie@rcsnm.org</u>



I Believe: Athletics

For the Athlete: I do not trust in myself. I do not boast in my abilities or believe in my own strength. I rely solely on the power of God. I compete for the pleasure of my heavenly father, the honor of Christ, and the reputation of the Holy Spirit.

Devotionals: Here is a link for your son or daughter that pertains to student-athletes and their journey that comes with challenges and joys. If Devotions are new to you and your child, please see Mr. Pete, to assist and start that process and some easy steps in studying God's Word to grow and build a solid foundation. RCS Student-Athletes Devotionals

<u>Prayer Request:</u> Please see attached a Prayer Card to pray for our athletes and coaches every day. Reminder: "MORE PRAYER, MORE POWER, LESS PRAYER, LESS POWER." <u>fcaprayercard.pdf</u>

Fall Sports:

Our HS coaches have started official practices. Please contact our Head Coaches.

Boys Soccer: Phil Frederiksen - <u>frederiksenphil@gmail.com</u>

Girls Soccer: Neil Weeda - nweeda@rcsnm.org

Volleyball: Char Chapman - cchapman@rcsnm.org

Boys and Girls Cross Country: Autumn Newell - ajnewell@rcsnm.org

Middle School Sports: Practices for MS Volleyball and MS Cross Country will happen during 8th period exploratories. 6th graders are unable to join right now due to a mandatory typing class.

MS Volleyball: Abbi Mulder - amulder@rcsnm.org

MS Cross Country: Autumn Newell - ajnewell@rcsnm.org

DATE	HS SPORTS	MS SPORTS
Thursday, September 14	4:00 pm - Volleyball HOME vs. Oak Grove (C,JV,V) 5:30 pm - RCS Boys Soccer Tournament RCS vs. Montezuma Cortez (see attached bracket)	4:00 pm - MS Cross Country Ch'ooshgai Meet
Friday, September 15	RCS Boys Soccer Tournament	
Saturday, September 16	RCS Boys Soccer Tournament 9:00 am -HS Shiprock Cross Country Meet	
Monday, September 18	3:00 pm - JV Volleyball Tournament AWAY vs. Navajo Prep(Black) @Navajo Prep	5:00pm - MS Volleyball HOME vs. Wingate
Tuesday, September 19	 3:00 pm - Girls Soccer HOME vs. Sandia Prep 5:00 pm - Volleyball AWAY vs. Tohatchi (JV/V) 5:00 pm - Boys Soccer HOME vs. Sandia Prep 	
Wednesday, September 20		5:00 pm - MS Volleyball AWAY vs. Shiprock NW
Thursday, September 21		5:00 pm - MS Volleyball HOME vs. Crownpoint

Community Action

We like to support our community, so if you have any events that you would like to add to Parent News please email the information to <u>adminsec@rcsnm.org</u> by Wednesday so it can be added to the Thursday edition of the parent news.





Silver

Top Team - HOME Bottom Team - AWAY Sat 12:30 pm

3rd Place

Sat. 8:30 am

7th Place



222 Boulder Rd

Gallup, NM

learn Bible verses play fun games hear good stories make new friends

EVERY WEDNESDAY (during the school year—starting Sept. 6)

Open to all Boys & Girls Ages 3 thru 8th Grade

6:30 PM to 8:15 PM

More info? Contact: (505) **722-5114**



www.GraceBibleGallup.org



Weaving Colors: AUTISM & THE NATIVE COMMUNITY

A presentation series for families dedicated to discussing important topics on autism and how they are viewed and addressed in the native culture.

Join us Wednesday, August 16th, and Wednesday, September 20th at 1:00-2:30 pm (MT) as we welcome back



Dr. Joshuaa Allison-Burbank

Honoring Indigenous Knowledge of Neurodevelopment and Childrearing

This two-part presentation will explore neurodevelopment and child development from an Indigenous lens. Cultural attitudes towards Disability will be discussed and methods for improving Indigenous connectedness during interventions will be highlighted.

As a reminder, you will need to register for both presentations

<u>Click here</u> or scan the QR Code:



For more information, please contact HSC-AutismPrograms@salud.unm.edu Attn: Weaving Colors



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College Success Skills Parent Information Session

Help prepare your student for a successful transition to college



Snacks provided!

Q&A time following the presentation



If you have a question or a topic you want to make sure is addressed, please submit it by Wednesday, Nov. 1, to admiraalkarin@gmail.com. I will do my best to provide an answer!



www.wellorderedacademics.com

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